



26

Monday

Salad with assorted lettuce, olives and
cherrys

White rice (tomato and egg)

Squid with mayonnaise

SECOND OPTION

Stir fried vegetables

Chicken nuggets

Fruit



27

Tuesday

Tropical salad

Lentils with vegetables

Pork loin with potatoes

SECOND OPTION

Green beans

Grilled salmon

Fruit



28

Wednesday

Chickpea hummus with nachos

Pasta carbonara

French Omelette

SECOND OPTION

Cauliflower au graten

Breaded Anchovies

Dairy

29

Thursday

Seasonal vegetable salad

Fideuà of fish and seafood

Sausages with tomato

SECOND OPTION

Grilled vegetables

Hake fillet

Fruit

30

Friday

Tomato and mozzarella

Vegetables and legumes soup with
croutons

Grilled chicken and baked potatoes

SECOND OPTION

Chinese fried rice

Scrambled eggs with mushroom

Ice Cream





3

Monday

Hummus toast

.....

Pasta bolognese

.....

Floured Anchovies with
fresh vegetable salad

.....

SECOND OPTION

.....

Boiled vegetables

.....

Pork loin

.....

Fruit

.....



4

Tuesday

MEXICAN GASTRONOMIC DAY
Guacamole with nachos

.....

Meatball soup

.....

Chicken fajitas with vegetables

.....

SECOND OPTION

.....



5

Wednesday

Eggplant and honey

.....

“Arroz al horno”

.....

Cheese omelette and bread with tomato

.....

SECOND OPTION

.....

Carrot soup

.....

Grilled hake

.....

Dairy

.....

6

Thursday

Spinach, apple and dried fruit salad

.....

Pasta and pomodoro sauce

.....

Roasted chicken with sauteed vegetables

.....

SECOND OPTION

.....

Curry Chickpeas

.....

Floured blue fish

.....

Fruit

.....

7

Friday

Seasonal salad

.....

Pea soup with mozzarella

.....

Burger with tomato and cheese with
fries

.....

SECOND OPTION

.....

Caesar salad

.....

Vegetable omelette

.....

Ice Cream

.....



10

Monday

Tri-color leaf and kiwi salad

Lentils with vegetables

Hot dog with fries

SECOND OPTION

Noodles with vegetables and tomato

Grilled chicken breast with herbs

Fruit

11

Tuesday

Seasonal vegetable salad

Milanese rice

Croquettes with grilled zucchini

SECOND OPTION

Oriental Sauteed

Baked cod

Dairy

12

Wednesday

Chickpea hummus toast

Genovese pasta

Grilled salmon with potatoes

SECOND OPTION

Mediterranean salad

Chicken wings Bbq

Fruit

13

Thursday

Salad with lettuce, olives and
cherrys

“Cocido”

Breaded pork loin with cous cous

SECOND OPTION

Vichyssoise

Hake

Fruit

14

Friday

Seasonal salad

“Arroz del senyoret”

Chicken breast with eggplant

SECOND OPTION

Steamed broccoli

Zucchini omelette

Ice Cream





17

Monday

“Gazpacho andaluz” with croutons

Pasta salad with tuna, corn and egg

Meat ragout with pilaf rice

SECOND OPTION

Grilled vegetables

Croquettes

Fruit



18

Tuesday

Apple and pineapple Salad

Vegetables and legumes soup

Loin pork with fresh cheese

SECOND OPTION

Green beans with ham

French omelette

Dairy



19

Wednesday

Lettuce, tomato, olives, asparagus, carrot

“Arròs rossejat”

Baked hake fillet with tempura
vegetables

SECOND OPTION

Cous cous tabbouleh

Sausages

Fruit

20

Thursday

Chickpea hummus with nachos

Fideuá of fish and seafood

Cheese fingers

SECOND OPTION

“Salmorejo”

Grilled Turkey Fillet

Fruit

21

Friday

Seasonal salad

Kartoffelsalat

Battered cod with mushrooms

SECOND OPTION

Spinachs au graten

Quesadilla

Ice Cream





24

Monday

Mixed lettuce and citrus salad

.....

Japanese noodles

.....

Provençal hake au graten with gnocchi

.....

SECOND OPTION

.....

Greek salad

.....

Croquettes

.....

Fruit

.....



25

Tuesday

Seasonal vegetable salad

.....

Vegetables and legumes soup

.....

Grilled chicken breast with sauteed corn

.....

SECOND OPTION

.....

Cauliflower au graten

.....

Scrambled eggs with prawns and garlic

.....

Dairy

.....



26

Wednesday

“Gazpacho andaluz”

.....

Burger with tomato and cheese with fries

.....

Burger with tomato and cheese with potatoes

.....

SECOND OPTION

.....

Poke bowl

.....

Salmon in soy sauce and sautéed vegetables

.....

Fruit

.....

27

Thursday

Seasonal vegetable salad

.....

Raviolis with 4 cheeses sauce

.....

Zucchini and Potato Omelette

.....

SECOND OPTION

.....

Seasoned aubergine

.....

Chicken nuggets

.....

Fruit

.....

28

Friday

Tomato and cheese

.....

Variety of cold meats

.....

Valencian Paella

.....

SECOND OPTION

.....

Boiled vegetables

.....

Baked hake

.....

Ice Cream

.....

